

## NZ Safety Alert

Let's work together to keep ourselves and our workers safe

## **COVID-19 Some myths**

No. Hand dryers are not effective in<br/>killing the 2019-nCoV.Are hand dryers<br/>fectore in killing the<br/>coronavirus, you should frequently<br/>clean your hands with an alcohol-<br/>based hand rub or wash them with<br/>soap and water. Once your hands are<br/>cleaned, you should dry them<br/>thoroughly by using paper towels or a<br/>warm air dryer.Are hand dryers<br/>fectore in killing the<br/>coronavirus?Image: Word Health Organization#2019nCoV

There are a number of "myths" and old wives' tales doing the rounds with COVID-19. Please ignore these and follow the advice given by the Ministry of Health and WorkSafe, which is available on the MinEx website together with other valuable information: <u>https://www.minex.org.nz/</u>

We are available to help, contact <u>wayne@minex.org.nz</u> if you would just like a chat. Now is a time for looking after ourselves and each other.

Garlic is a healthy food that may have some antimicrobial properties. However, there is no evidence from the current outbreak that eating garlic has protected people from the new coronavirus (2019-nCoV) Can eating garlic help prevent infection with the new coronavirus?

World Health Organization #2019nCoV

Know of an incident or near miss? Please share the learnings with us.