



# Respirable Crystalline Silica in mines and quarries

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The potential for worker exposure to crystalline silica is widespread within mining and quarrying. Very fine Respirable Crystalline Silica (RCS) is particularly harmful to workers. It can be generated during drilling, blasting, crushing, cutting and transporting.

Follow these four simple steps to reduce risk of exposure.

## Identify



Sample source rock to identify presence of silica

## Assess



Conduct personal exposure monitoring to determine worker exposure

## Control



Use controls listed below to reduce the risk of exposure

## Monitor



Regular personal monitoring  
Periodic Health surveillance

## Some facts about Respirable Crystalline Silica

Current Workplace Exposure Standard (WES) level for RCS is **0.025mg/m<sup>3</sup>**

Exposure monitoring must be done by a competent person in accordance with **AS 2985**

Multiple samples allow better understanding of exposure

Regular health surveillance (medical) should be conducted including spirometry (lung capacity test)

All health surveillance should be supervised by an appropriate doctor

## Health and Safety at Work (Mining Operations and Quarrying Operations) Regulations 2016

Reg 84 - Monitor worker exposure to RCS if workers are exposed to levels above the WES

Reg 127 – Regular health medicals must be offered to workers at least every 5 years

## Controls include:



- Use of water on plant, stockpiles and roads
- Dry dust extraction
- Separation of workers from high exposure areas
- Personal protection equipment - dust masks

For more information see [Managing worker exposure to dust in mines and quarries](#) on the MinEx website.